

# Workshop Feedback

## *Nervous System Reset: Foundations*

Live Online Workshop — with Victoria Lorient-Faibish MEd, RP, CCC, RPP

Registered Psychotherapist | Author | Speaker | [visualizationworks.com](http://visualizationworks.com)

---

*Thank you for joining this live online experience. Your honest reflections help shape future offerings and support others who are considering this journey. Every response is received with deep gratitude.*

Fields marked \* are encouraged but nothing is mandatory.

### Your Details

---

**First name**

---

**Last name or initials (you choose what appears on any testimonial)**

---

**City / general location (optional — for attribution context)**

---

**Email address (optional — only if you'd like a reply)**

---

### About Your Experience

---

**Overall, how would you rate the workshop? \***

★★★★★ Transformational    ★★★★★ Very good    ★★★ Good    ★★ Fair    ★ Needs improvement

**What stood out for you most in the workshop? \***

*The breathwork, the sound frequencies, a particular teaching moment — what stayed with you?*

---

---

---

---

**What did you love?**

*What felt especially meaningful, useful, or resonant for you?*

---

---

---

---

**What, if anything, felt missing for you?**

*Your constructive reflections help make future experiences even richer.*

---

---

---

---

**What has shifted for you since attending — even in a small way?**

*In your body, your thoughts, your daily rhythms... any shift is worth noting.*

---

---

---

---

**Your Testimonial**

---

**In your own words, describe your experience in this workshop**

*Write freely — this is a space to share from the heart. Your words may inspire someone else to take the step you took.*

---

---

---

---

---

---

**Permission to share your testimonial publicly:**

*With your permission, Victoria may share your words on her website, social media, or future promotional materials. Please select how you'd like to appear:*

- Use my full name
- Use my initials only (e.g. S.M., Toronto)
- Share my testimonial anonymously
- Please do NOT share my testimonial publicly

## **One Last Thing**

---

**Would you recommend this workshop to a friend or colleague?**

- Absolutely, without hesitation    Yes, I think so    Maybe    Not sure

**Would you be interested in future offerings from Victoria?**

- Yes — please keep me posted    Maybe    No thank you

**Is there anything else you'd like Victoria to know?**

*A note, a question, a wish for a future offering — all welcome here.*

---

---

---

---

---

Please return this completed form to: [info@visualizationworks.com](mailto:info@visualizationworks.com)

Victoria Lorient-Faibish MEd, RP, CCC, RPP | [visualizationworks.com](http://visualizationworks.com)